

Field Project Activities List

The purpose of this field experience is to expose you to the practice of nursing where care interventions are focused on a population as patient. This is different from past courses where you may have worked with a single or limited number of patients. However, it is similar to previous clinical experiences in that you don't truly understand and appreciate what the nurse does until you are acting as a nurse. In this field experience, we want you to associate with community health professionals in order to learn care from their perspective. For example, you can learn some things from observing a health fair, but can gain a deeper understanding of a community health professional's role in designing community interventions by interviewing and working with the organizers.

Healthy People 2020 Leading Health Indicators/Topic Areas to Choose for Field Experience

Access to Health Services

Access to:

- mental health services
- dental health services
- health services

Promotion of health literacy

Examples: mobile clinic, mental health agencies, PCPs, EDs, NAMI, health department, social worker/case manager, EMS, police department, prosecutor, substance abuse treatment facilities, mental health court, schools, government officials, low income clinics, schools, community members, churches

Older Adults

Promotion of:

- vaccinations
- injury prevention
- prevention of social isolation

Examples: those who organize Meals-on-Wheels, conducting home safety surveys, immunization clinics, senior center, PT, OT, PCP/geriatricians, orthopedist, neurologist, ophthalmologist, hospital, home health, assisted living centers, nursing homes, medical supply companies, pharmacist, department of aging, health department, exercise classes directed toward seniors, city/county offices for programs to support making senior homes and public facilities safer

Environmental Quality and Physical Environment

Promotion of healthy physical environment, including:

- air quality
- land quality
- water quality

Examples: Health department, local industries, government officials, school nurse, PCP/pediatrician, pulmonologist, allergist, local university, air quality expert, Sierra Club &/or other environmental groups, American Lung Association-local division, local media sources, radon inspection/removal companies, bicycle-riding programs



Injury and Violence**Unintentional Injuries***Prevention of:*

- workplace injuries
- pedestrian injury and death

Prevention of motor/recreational vehicle related death/injuries:

- Bicycle
- ATV
- Boating

Examples: schools, driver's education, Department of Motor Vehicles, coaches, pediatricians, parents, hospital, Safe Kids Coalition/Council, youth centers, daycares, Health Department - injury prevention program, poison control, police department, fire department, churches, appropriate recreational businesses affiliated with your community (i.e. kayak rental, ATV rental, ski resort), concussion protocols. Are there car seat safety, bicycle safety, seat belt safety, pedestrian safety programs? Hunter safety? Gun safety? Babysitting?

Violence*Prevention of:*

- domestic violence/intimate partner violence
- prevention of dating violence
- prevention of gang violence
- prevention of community violence
- bullying/cyber-bullying
- suicide/depression
- human/sex trafficking

Examples: school counselor, school nurse, GBLT groups, church leaders, youth centers, mental health agencies, PCP, pediatrician, local colleges/universities, military installations/VA centers, NAMI, Health Department, SANE/SAFE programs, domestic violence/sexual assault victim advocates, OB/GYNs, EDs, EMS, crisis shelter, safe houses/shelters, mental health agencies, prosecutor, religious leaders, hair stylists, social workers, United Way, schools, YWCA, Department of Human Services, Boy's & Girl's Club, Boy Scouts, Girl Scouts, youth centers. Look for any programs that teach young men/women positive coping behaviors and self-confidence. Look for parenting classes for older children/teenagers that you can audit.

Maternal, Infant and Child Health**Women's and Maternal Health***Prevention of:*

- unintended pregnancies

Examples: school nurse, health teacher, school counselor, Health Department, WIC, Planned Parenthood, OB/GYN, churches, youth centers, March of Dimes, local college/university, pediatricians, United Way, Big Brothers Big Sisters. Are there any other programs/organizations that try to keep youth out of trouble?

Promotion of:

- breastfeeding
- vaccination

Examples: WIC, OB/GYN/midwives, pediatricians, childbirth educators, breastfeeding classes, lactation consultants, baby-friendly hospitals, United Way, breastfeeding vs former breastfeeding vs bottle-feeding mothers, La Leche League leader, other support groups, March of Dimes, breast pump rental companies, local businesses (working nursing mother policies), any public facilities where breastfeeding could occur, government officials regarding breastfeeding-friendly laws.



Early and Middle Childhood*Prevention of:*

- neonatal mortality

Prevention of unintentional childhood injuries, including:

- sudden unexpected infant death (SUID)
- poisoning
- drowning
- motor vehicle related (child safety seat and seat belt use)
- sports related
- pedestrian related

Prevention of child abuse

Examples: Health Department (FICMR, Nurse-Family Partnership, child health), Division of Human/Child Services, daycares, schools (nurses, counselors, teachers), CASA, police department, prosecutor, mental health agencies, churches, EMS, hospitals (post-partum and peds education), crisis child care center, parenting classes, pediatricians, support services for special needs parents

Promotion of vaccination

Examples: Health department, pediatricians, PCP, school nurse, daycare providers, hospital-mother/baby & peds, community members, pharmacies, Planned Parenthood, senior centers, nursing homes, home health, adult daycare providers, assisted living centers, college/university (dorm living), Emergency Prep coordinator for the county (e.g. H1N1).

Mental Health*Access to mental health services**Prevention of suicide/self-harm**Mental illness screening*

Example: Mental Health Agencies, PCPs, EDs, NAMI, health department, social worker/case manager, EMS, police department, prosecutor, substance abuse treatment facilities, mental health court, schools.

Nutrition, Physical Activity, and Obesity*Promotion of:*

- achieving mean daily intake of total vegetables
- physical activity
- prevention of obesity among children, adolescents, and adults

Prevention of food deserts

Examples: PCP/pediatricians, community members, daycares, health dept., school nurse, school dietitian/cafeteria director, principal, PE teacher, health teacher, YMCA, parks & rec department, WIC, dietitian, lactation consultant, food banks, churches with food programs, food stamp office, grocery stores, farmer's market, nursing homes, assisted living, soup kitchen, meals on wheels

Oral Health*Prevention of:*

- dental caries
- periodontal diseases

Early diagnosis of oral and pharyngeal cancers

Oral and facial pain (e.g. dentures, TMJ)



Examples: state dental planner, lactation consultant, daycares, dentists, school nurse, pediatricians, family practice physicians, parent's/community members, businesses (dental insurance)

Reproductive and Sexual Health

Prevention of:

- sexually transmitted infections.
- prevention of HIV/AIDS, including
- sexual transmission
- prenatal transmission
- IV drug use transmission

Examples: Health dept., Planned Parenthood, PCP, OB/GYN, pediatrician, health teacher, school nurse, college health center, jails/prison, agencies working with homeless, church clergy, community center, youth center, GLBT groups

Social Determinants of Health

Disability and Health

Promotion of health and well-being, including:

- Access to disability related services and devices,
- Limit barriers to participating in home, work, school, or community activities

Social Environment

Prevention of homelessness:

- safe, affordable, and quality housing

Examples: Health dept., churches, government officials, police dept., mental health agencies, EMS, emergency dept., department of human services, homeless shelters, homeless coalitions, schools, VA services, low-income clinics, Habitat for Humanity. Focus your efforts on what is being done to keep people in their houses and low-cost housing efforts.

Students graduating from high school

Access to park and safe sidewalks

Cultural acceptance

Examples: school nurse, school or community-based meal programs for school-aged children

Substance Abuse

Responsible alcohol consumption

Energy drink abuse

Prevention of:

- IV drug use
- Prescription drug abuse
- Illegal drug use

Examples: Police department, probation officer, school nurse, school counselor, health department, health teacher, mental health agency/workers, church leaders, local hospitals, PCPs, youth center, prosecutor, drug court, social worker, local college/university, homeless agencies, pharmacies, MADD, transportation services

Tobacco Use

Prevention of smoking

Examples: Health dept., school nurse, health teacher, government officials, PCP/pediatrician, smokers/former smokers/nonsmokers, American Lung Association local division, youth centers, local businesses, churches



1. A community needs to reduce or better yet eliminate access to cigarettes for youth. Here you would explore what the laws are about selling to minors, where cigarettes are sold, how youth are obtaining cigarettes (adults buy them? They use fake ID? They obtain them through the black market?, etc.). Do stores sell "loosies" meaning one cigarette at a time rather than by the pack? This also contributes to youth smoking. Talk with police about enforcement of current laws. What is being done to raise the price of a pack of cigarettes through additional taxes on cigarettes to make buying a pack very expensive and so act as a deterrent to smoking? In New York City, a pack of cigarettes is \$12. What is being done to enforce the requirement to provide ID when purchasing cigarettes?
2. A community needs to reduce or eliminate the ability to smoke in public spaces such as restaurants, bars, stores, other employers, public buildings, etc. to further deter people from smoking and make it very difficult to smoke. This would include investigating what is being done in the county to reduce or eliminate smoking in public places outdoors as well as indoors. What are the regulations, what is pending to make the regulations stricter or more encompassing and what is being done to enforce the regulations? What sort of public acceptance is there of these efforts? Are parents allowing children to smoke at home? Are employers allowing youth to smoke at their jobs? What are the schools doing?
3. A community needs to change attitudes and norms to reflect a determination not to be accepting of youth smoking and to actively work against it.

Preparedness

Promotion of community resilience

Preparation for adverse health impacts of chemical, biological, radiological, and nuclear attacks

Natural or manmade disaster response

Response to emerging and re-emerging infectious diseases

Examples: city/county disaster-preparedness drills, Red Cross American Red Cross, Fire Department, Police Department, Health Department, search and rescue, media, meteorologist, local hospitals, mental health agency, schools, churches, nursing homes, home health companies, assisted living centers, medical supply companies, veterinarians (care of pets), mortuaries, grocery and hardware stores, pharmacies, local colleges/universities, water treatment plant, hazmat, sewage treatment plant, the landfill, electric plant, propane distributors, natural gas distribution plant, Community Emergency Response Team director

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